



January 12, 2015

Website: Suicide-  
IowaCountyWI.org

Elmer G Biddick Foundation,

The Suicide Prevention Coalition of Iowa County Wisconsin (SPCIC) would like to express our gratitude for your generous donation of \$4,500. We will be using your donation to follow our mission statement of valuing human life to prevent suicide through awareness, education, collaboration, and improved access to mental health care.

In 2015 SPCIC has collaborated with Barneveld School District and State Theatres to promote awareness of the warning signs of suicide and the importance of taking action if someone sees warning signs in a friend or family member by creating a 30 second video that will be played as a preview. The preview will be played for a year and shown to over a half a million people in four different towns and a total of 12 different screens.

Awareness and education are being spread on our Facebook page and website created to offer resources for family, friends and professionals. The website has a special page dedicated to educational staff and a variety of lesson plans that can be used to help educate students of all ages on suicide and other mental health issues. Other pages to be used as resources in finding help for a person with suicidal thoughts or trying to help a family member or friend that is showing suicidal signs, different options to honor a loved one that has passed away, trainings, and much more.

The most exciting opportunity that you have made possible for our community is improved access to mental health care via professional speakers that are being scheduled for the first Thursday of each month on a wide variety of topics related to suicide and other mental health issues. In addition to speakers, on March 28, Journey Mental Health of Madison will be providing training to individuals in a preparation for the individuals to organize and implement Survivors of Suicide (SOS) support groups. Each support group will be run by two facilitators, one professional with expertise in trauma or suicide and another individual that has lost a loved one due to suicide. This type of support group is for anyone that has lost someone due to suicide and needs to get support, a friend, co-worker, client, or family member.

Thank you for making all of this possible for Iowa County communities. You are making a difference in people's lives and helping SPCIC achieve our vision of suicide-free communities where people will recognize the warning signs, intervene, and help individuals find hope.

Thank you,

Susan Judd

judd@mhtc.net